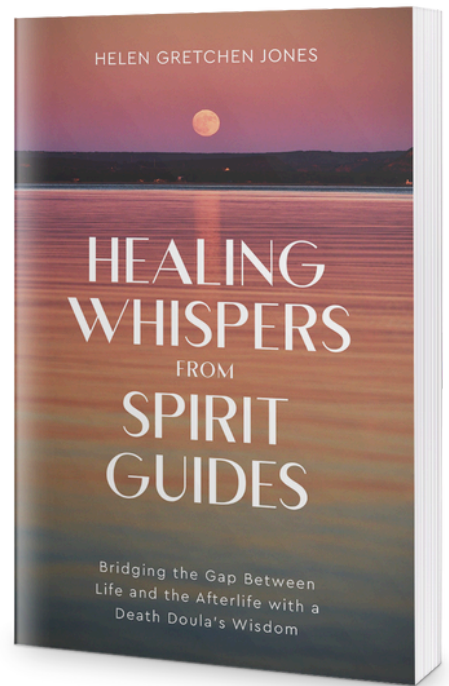


HEALING WHISPERS FROM SPIRIT GUIDES

**Bridging the Gap Between
Life and the Afterlife with
a Death Doula's Wisdom**

Loss is an inevitable part of the human experience, and the pain it brings can be overwhelming. Yet, amidst the grief, there is a profound opportunity for growth and connection.



With the help of Helen's "A-Team" of spirit guides, learn how to bridge the intricate gap between life and death with grace and understanding. As a death doula at the bedside of the dying, Helen's poignant stories present encounters with departed loved ones and glimpses of celestial beings. Through these encounters, you will come to understand that life is eternal, the bonds we share with our loved ones transcend the physical realm, and discover the profound beauty in being present with them as they transition from this life to the next.

Healing Whispers from Spirit Guides offers practical exercises and insights to help you cultivate intuitive abilities and forge deeper connections with the spirit world. From simple meditation techniques to profound spiritual revelations, be empowered to embrace your own innate wisdom and find solace in times of grief. Step into the light of self-discovery, embrace the guidance of our spirit guides, and find peace in the midst of life's most challenging moments.

Purchase through Amazon, along with other fine retailers and bookstores globally.

Retailers may purchase through Ingram.

ISBN - PAPERBACK: # 979-8-9904373-0-2 ELECTRONIC: # 979-8-9904373-1-9



Helen Gretchen Jones

Helen Gretchen Jones is a compassionate death doula, intuitive, and channeler who writes about shared death experiences and spiritual consciousness. Her work focuses on fostering connections with oneself and others, trusting personal experiences, and teachings from her Spirit guides, the A-Team. With a dual master's in art history and theology, Helen is certified in sound bowl therapy, Reiki, hypnosis, and past life regressions. She also co-teaches seminars on grounding techniques and interpreting signs from Spirit. When not working, she enjoys time on her family ranch with her husband, Taylor, and their children, Ty and Ellie, surrounded by a variety of animals.

TO ORDER OR FOR MORE INFORMATION: HelenGretchenJones.com